



**For Immediate Release:** December 14, 2009  
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## Praise through Dance with Liturgical Dance Workshop

**COLUMBUS, OH**—BalletMet Columbus and Ministry in Motion-Ohio Worship Arts Association present **A Time To Dance Liturgical Dance Workshop** 9am to 4:30pm January 30 at the BalletMet Dance Centre, 322 Mt. Vernon Avenue. Registration is \$30 through BalletMet, 614.229.4860 or [mryan@balletmet.org](mailto:mryan@balletmet.org). The registration deadline is January 15. A Showcase follows at 7pm in the BalletMet Performance, featuring liturgical dance works by workshop participants. The showcase is free and open to the public. Donations will be accepted.

The daylong workshop will include scripture review, liturgical and contemporary dance classes, choreography exploration and more. Instructors hail from the BalletMet Dance Academy, Ministry in Motion and Stivers School of the Arts in Dayton.

“This will be our third annual liturgical dance workshop and we look forward to another successful collaboration with Ministry in Motion this year,” said Ambre Emory-Maier, BalletMet’s Director of Education.

“We are happy to partner with BalletMet to be able to provide training that can enhance our levels of ministry,” said Lorii Williams of Ministry in Motion. “The more we learn the better we will be, and when we take that and share it with our congregations it connects us all in a deeper way.”

Workshop participants should come dressed in comfortable clothing that is appropriate for movement and dance technique classes. They should bring a Bible, notebook, writing instrument, water bottle and yoga mat or large towel. Visit [balletmet.org](http://balletmet.org) for the workshop schedule and registration information.

**ABOUT BALLETMET COLUMBUS:** BalletMet Columbus, renowned for its versatility and innovative repertory, ranks among the nation’s largest dance companies, and its Dance Academy ranks among the largest professional dance-training centers. Since its inception in 1978, BalletMet has added 152 Company premieres to its repertoire and produced 124 world premieres. It has also developed DanceReach, a series of educational and outreach programs that serve more than 20,000 people annually; through DanceReach, up to 70 Dance Academy scholarships each year give access to talented youth, many from minority and underserved groups, who cannot otherwise participate.

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dare to be moved.